



## Patient Resources

### Uni-Compartmental Knee Replacement

#### Osteoarthritis of the Knee

- This refers to wearing out of the cartilage inside the knee joint leading to pain and stiffness
- It is common in people older than 50 years of age
- Effective treatment include a total knee replacement which involves removing the arthritic portion of the knee and replacing it with an internal knee prosthesis made up of metal and plastic

#### Partial or Uni-Compartmental Knee Replacement

- This is an excellent solution for a person older than 50 years of age who has arthritis involving only a portion of the knee joint
- This is commonly the medial (inner portion) compartment of the knee when walking
- This procedure provides excellent pain relief and good knee function as majority of the patient's knee is preserved during the surgery.

#### Knee with Medial Compartment Osteoarthritis



#### Medial Compartment UKA



**What To Expect**

- Hospitalisation of about 3 – 5 days
- Start to walk on 2nd day after operation

Please note that the information contained herein is for general medical information only. If you have any specific medical condition or queries, please **consult** your medical doctor.

---

**HC Chang Orthopaedic Surgery (Pte.) Ltd.**

6 Napier Road #04-05,  
Gleneagles Medical Centre,  
Singapore 258499  
Tel: (65) 6836 6636



820 Thomson Road, 02-20,  
Mt Alvernia Medical Centre A,  
Singapore 574623  
Tel: (65) 6258 0080

Fax: (65) 3125 7345

[Home](#) | [Profile](#) | [Services](#) | [Sports Medicine](#) | [Patient Resources](#) | [In the Press](#) | [Contact Us](#)

Copyright ©2008 HC Chang Orthopaedic Surgery Pte. Ltd.